



SPECIALISMS

- Children with feeding difficulties
- Oral nutrition reviews
- Project management of charity events
- Paediatric diabetes education days
- Conduction of nutrition lessons
- Acceptance and commitment therapy
- Cognitive behavioural therapy
- School catering logistics

CONTACT

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SAFFRON ORWIN

Dietetic Assistant at The Bridge Service

PROFESSIONAL EXPERIENCE

Saffron is a passionate and dedicated individual who puts patients at the centre of everything she does. Following her compassionate personality and love for food, is the drive to help children and young people develop a positive relationship with food. By actively listening and talking to the individuals and dietitians she ensures that her patient's and family's needs are managed to the best of her ability. Saffron has experience across all areas of paediatric and adult dietetics, including the design of calorie controlled meal plans and recipe design for eating disorder patients. Her experience within this field allows Saffron to provide a supportive, knowledgeable and holistic service to the children, young people and families affected by eating disorders.

EDUCATION

Dietics Pg./Msc, University of Chester

Human Nutrition BSc (Hons), Manchester Metropolitan University

PLACEMENTS

- Community dietetic placement
(Levenshulme and Alexandra Park Centres)
- Dietetic placement
(Mid Staffordshire Foundation Trust Hospital, Staffordshire)